

HOW TO LEARN ENGLISH EFFECTIVELY



Revise & Remember



Understanding the Forgetting Curve

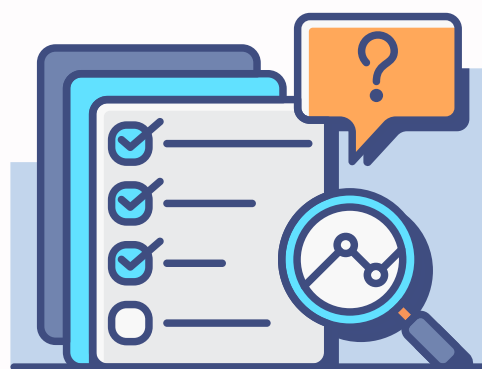


Frequent & Consistent Engagement with English

A Learning Plan



Consistent & Personalized Plan
Weekly & Monthly
Semester Plan



Building Habits
Regular Attendance
Study hours
Time for social life

Learning Together



- Collaboration
- Practice
- Revision
- Feedback

SMART Goals

- Specific
- Measurable
- Achievable
- Relevant
- Time-bound



AVOID ZERO DAYS



- Devote 15-30 mins every day
- Overwhelming goals
- Small tasks
- Consistency
- Following the progress

OUTSIDE THE CLASSROOM

- Read stories & news
- Listen to podcasts
- Keep a journal
- Join speaking clubs
- Attend lectures
- Watch videos



FIND JOY IN LEARNING ENGLISH



- Your interests & hobbies
- Personal growth
- Learning new cultures
- Meeting new people

ASK FOR HELP

- SFL Instructors
- WASC
- Friends
- Family
- Department advisors

